



# LUF Newsletter

Lakehead Unitarian Fellowship

JUNE 2011



“An inclusive spiritual community promoting a compassionate, just, and sustainable world.”



Our very own “**Revellers**” Fred Upshaw and William Roberts kept Lufers ‘rockin’ and swaying to the music at our Annual Service Auction.



Not to be outdone, our **Auctioneer**, Gerry Brady both entertained and auctioned the fantastic items donated by our generous LUF family and friends.

**SUNDAY SERVICESS at 10:30 am at 129 S. Algoma St.  
Children’s Religious Exploration Classes (Child Care Provided)**

June 5 - Title: Voices in Sherwood (Novel - Imagery of Wolves and book of poetry)  
Speaker: Owen Neill  
AGM 2011 Following the Service  
June 12 - Title: Celebrating Together  
Service Leader: David Belrose & Emily Lauzon

June 19 - Title: Flower Service  
New Member Welcoming Ceremony  
Service Leaders: Del Dickey & Dianne Potts

June 26 - LUF’s Annual Family Picnic

**INSIDE THIS ISSUE**

Messages from LUF	2	LUF Welcoming Activities	6
Message from the President	3	LUF Gatherings	7
LUF Events and Interests	4	LUF Contacts	8
Children’s Religious Exploration	5		

**USC CORNER for June 2011**

**D. Dickey**

I'm preparing this newsletter column on **Biodiversity Day, May 22**. This year you can do your part to expand the world's biodiversity by simply planting a few seeds. People everywhere around the world, young and old, are planting seeds, growing food, and saving seeds to plant next season. That's how biodiversity takes root and expands. This simple act of planting, growing out seeds for food, and saving some for next year is the best way of ensuring our food plants adapt to new conditions and create ever new varieties. That's the amazing gift of biodiversity!

How would you feel if you were told that you could not save your own seeds - that you must plant the genetically modified seeds designed by one of the mammoth seed companies?

**Here is USC's challenge to everyone:**

1. Plant some seeds. **ANY** seeds!
2. Send us pictures and tell us about your challenges and successes. Start by getting some seeds - fresh heritage seeds, a packet from the grocery store, or a lentil from your pantry – and just see what happens.

Click <http://usc-canada.org> for USC Canada News. See the giant cauliflower, grown by Purna Maharjan in Nepal using natural fertilizers.!

**WANTED.....WANTED.....WANTED**

Del Dickey

- 1 This is spring cleaning season and you may have something that I can use. Please save all you SMALL JARS ---- 250 ML or 125 ML ----- MASON JARS preferred. The symphony jam makers thank you,
- 2 Bridge tables. If you have a bridge table you don't want, or if you can find one at a yard sale or a moving sale please get it. If you buy it the bridge club will reimburse you.
- 3 The owner of the following items to please claim them. The navy jacket that is hanging on the coat rack in the main hall --- the large blue pyrex baking dish on the shelf in the kitchen.

**NEW FLOWER COMMUNION ---- Sunday June 19, 2011**

Dianne Potts and Del Dickey have designed a new intergenerational service for this year but we still invite you to bring flowers to the service as you have in other years. There will be vases by the door for your blooms.

**PLEASE DO NOT BRING LILACS OR LILY OF THE VALLEY.** These flowers have a very heavy scent that can cause severe allergic reactions for some members of LUF. Thank you.

June 1, 2011

Greetings Members and Friends,

Summer has come and the 50<sup>th</sup> CUC Annual Conference Meeting was this past weekend in a muggy Toronto.

Delegates from LUF were Bert, Rosemary and Siobhan. Others attending from LUF were Meaghan Malashewski, Margeret Wanlin as well as Micheal and Bruce Hyer and Jean Morrison.

No official attendance has been announced as yet, but my guess is some 500 at the conference and over 1000 at the Sunday morning service at the University of Toronto Convocation Hall. "The largest gathering of Canadian Universalists ever".

The business meeting on Friday was mainly about resolutions on how to deal with resolution. Most interesting was a lengthy discussion about some type of virtual membership for out of town students. The ingathering of all member congregation having delegates carrying their banner was emotional and impressive. Our banner was proudly carried in by Meaghan and Micheal. In the opening address a desire for a "bigger boat" for UU ideas and action was expressed emphatically.

I attended Leadership Stream workshops by Dr Latham. We were encouraged to revisit our mission statements and change from our traditional focus of "freedom, liberty and tolerance" to Openness, Mindfulness and Reverence. You can expect a full report on the conference as well as future workshops around this subject.

I would also like to remind everybody of our own AGM "Annual General Meeting" on Sunday June 5<sup>th</sup>. At this meeting there will be a brief presentation of committee reports, changes in our policies and procedures, nomination of directors followed by an election. To encourage new members and faces to stay for the meeting, the YRUU will have pizza for sale, childcare will be provided. The meeting will start at 12.30 and finish at 2.00 pm.

Bert Blaauw

LUF President

#### Administrator's Corner

Summer is fast approaching and the office hours may be irregular. Please be sure to listen to the voice mail to determine when the office will be open each week. We will try our very best to get an e-update out on a weekly basis, so be sure to submit information by 10:00 on Wednesday.

Also for your reading pleasure we will be compiling a LUF Summer Newsletter. The date is going to be flexible however in most likelihood, near the end of July. Please have all submissions and pictures to the office by July 15th to keep our Fellowship informed of events that have occurred and others that will be eagerly anticipated.

ENJOY YOUR SUMMER!

Elaine Sombrutski,  
LUF Administrator

## LOOKING TO THE FUTURE

As we look forward to a new year this fall, I have a question for all members and friends of LUF. What can we do to help build this community? Are you interested in how our Sunday morning services are put together? – the Sunday Services/Worship Committee needs new members. Are you interested in the social life and well-being of LUF – the Fellowship Life/Membership Committee would welcome new members. Are social justice, the environment, diversity on your list of interests – the Social Responsibility Committee, the Green Sanctuary Committee, and a proposed Welcoming Congregation committee would welcome your participation. These are a few of the ways you can become more involved in making LUF a more vibrant community. Talk to a board member, committee member, or our Administrator to get started.



**ALERT** Just for one day a week - **SUNDAY** - Forget the aftershave, the scented cosmetics and deodorants - even that nice smelling hand and face lotions. **LUF IS A SCENT FREE SPACE.**

One of our members is so sensitive to fragrances that she will become ill almost instantly.

*Fragrance Free Zone* **BE SENSIBLE. BE SCENT FREE EVERY SUNDAY.**

## NOTICE TO MEMBERS OF LUF - 2011 ANNUAL GENERAL MEETING

This request goes out to all members. Please review the notice at the end of the E-Update along with the proposed Bylaw changes. A hard copy is on the greeters table in the front of the sanctuary for those members who are not able to view it on-line. If you know anyone who is in this category please take a copy for them. *Copies of the Annual General Meeting Agenda and Committee Reports are also printed and on the Greeters table for preview prior to the meeting.*

**LUF's Annual General Meeting will be held on June 5** after the service. Michael Hyer, with assistance from Rose and Drew will be selling pizza to ensure all 'tummies' are full and ready to participate.

## SCHEDULE OF EVENTS FOR JUNE 2011

Every Sunday at 10:30am, Sunday Service at LUF	Every Thursday at 4:00pm Tai Chi LUF Hall	Sun., June 26, 2:00pm LUF Annual Family Picnic - Mor- rison Camp	Tues., June 7, 5pm Sun. Service Mtg - LUF Kit
Every Sunday at 7:30pm, Meditation	Every Thursday at 6:30 Yoga with Sarah, \$6 - LUF Hall	Mon., June 13, 27, 7:30pm Men's Group - LUF Kit.	Tues., June 14, 7pm Nuu- Moon Meeting - LUF hall
Every Wed. at 5:30pm Yoga with Sarah, \$6- LUF Hall	Sun., June 5, 9:15 RE Mtg. - LUF Boardroom.	Mon., June 20, 1 pm Finance Mtg. -LUF Kitchen Mon., June 20, 7pm LUF Board Mtg. - LUF hall	Thurs., June 9, 6pm - Walk for Healing - LUF Hall Fri., June 10, 6:30pm - Hymn Sing - LUF Hall
Every Wednesday at 7:30pm Mindfulness Practice	Sun., June 19, 2:00 pm Gui- tar Recital - LUF Hall	Tues., June 7, 7-pm Evening Chalice Circle - Offsite	Sat., June 4,18, Bridge 1pm - LUF Hall



## RE CHILDREN KEPT INVOLVED DURING MAY

The children in the RE Program recently enjoyed wonderful weather and companionship during the Margaret Hartley Walk to Mission Marsh at the beginning of May. We spent a fun filled hour walking around the board walk looking for birds with the help of our guide Rob Van Wyck. The beach and water line were thoroughly explored - there were crayfish parts and shells enough for everyone! After our walk we enjoyed the potluck snack that was so thoughtfully provided by the supervising adults. Thank you to all the children who attended and the great supervisors!



We would also like to thank the congregation for their support of the Junior class' Social Justice Project. A Quilt Raffle was held to raise money. We discussed the benefits of supporting local and international charities. The children decided they wanted to support a local charity and chose the Thunder Bay and District Humane Society. We have raised over \$130 with your support! Thank you so much! We will personally present the cheque to Humane Society staff in the very near future! Congratulations to Lydia Lauzon, the winner for the turtle quilt! (I hear she loves it and named it Lily)

**The Service Auction's 'Children Only' Penny Auction was a hit!** We certainly won't be able to leave it out of next years agenda.

Your support enriches the lives of our children with the gifts and warmth that you share!

Katie (Hughdie), DRE



## CREATIVE ENDEAVOURS

We had a wonderful workshop on Saturday, May 14, from 1:30 to 3:30 at LUF. Local potter Fritz Lehmborg taught us about making pottery bowls. This hands on event was a great experience for our children. The results of their efforts were both enchanting and concurrently gave the children some depth of understanding related to the "Empty Bowls Caring Hearts" fundraiser for Shelter House and the Food Bank. Thanks to all the parents who brought their children out!



## Celebrating together!

Join in this celebration of acceptance and diversity of the lesbian, gay, bisexual, transgender, two-spirited, and queer communities in our region, along with their families, friends, allies, supporters and the community at large.

### FLAG-RAISING AND MEDIA LAUNCH

Flag raising and media launch - Tuesday, May 31 at 10 am - City Hall

### PRIDE CHURCH SERVICE

Sunday June 5 at 10:30 am. - Westminster United Church, 650 River St.

**ANTI-HOMOPHOBIA AWARENESS BREAKFAST "WORKING TO MAKE IT BETTER"** Monday, June 6, 7:30 am. - Provincial Room, Prince Arthur Hotel, 17 N. Cumberland St. Tickets \$15 per person

### LITERARY EVENT

 Guest author, Ivan E. Coyote

Tuesday, June 7, 7:00 pm. - The Learning Cafe, 510 Victoria Ave. E.

### FILM FESTIVAL

Thunder Pride Film Festival June 8-9-10 Paramount Theatre

Two showings nightly, 7 and 9 pm. Admission \$5

### WALK OF HEALING

Thursday, June 9, 7:00 pm.

Labyrinth at St. Paul's Anglican Church (808 Ridgeway St. E.). The walk will proceed to St. Andrew's Presbyterian church (across from City Hall).

### THUNDER PRIDE DRAG EXTRAVAGANZA 2011

Friday, June 10, 9 pm., Finlandia Hall, 314 Bay St. \$5 cover.

### PRIDE IN THE PARK

 Saturday, June 11 noon to 9:00 pm. Marina Park.

An afternoon/early evening picnic and music concert with local and national artists. Children's area with activities from one to four pm. Displays by community groups, sponsors and vendors.

### THUNDER PRIDE ELECTRO NIGHT

Saturday, June 11 after 9:00 pm., Black Pirates Pub, 215 Red River Road

19+ event, \$5 cover

*PRIDE CHURCH SERVICE* Sunday, June 12 at 10:30 am. - Lakehead Unitarian Fellowship, . Musician Jen Metcalfe, Story "Asha's Mums", reflections on Pride.

Visit [www.thunderpride.ca](http://www.thunderpride.ca) to see all events and other information.

## ROOTS TO HARVEST

### ANNUAL WORK PARTY BONANZA on SUNDAY, JUNE 5 from 10am-3pm. at Cornwall and Algoma St.

Help us ready the beds and plant the seeds. Going into our 4th summer, Roots to Harvest continues to rely on the incredible support from our community and friends. Drop in for 10 minutes or come for the whole day. We would love to see you. Things to bring: Sunhats, Sunscreen, Water bottle, Sense of humour and smiles! If you have them: Shovels & Handtools, Garden gloves, Wheel barrow.

## TRANSFORMING OUR POWER – REGISTRATION DEADLINE – JUNE 10<sup>TH</sup>

Please see the poster in the LUF foyer regarding this gathering. 25th Annual Prairie Women's Gathering, June 24 - 26, 2011, Who Are We Not To Be: *Brilliant, Gorgeous, Talented, Fabulous* At: St. Michael's Retreat Centre, Lumsden, Saskatchewan, **Guest Speaker: Liz James**



## 2011 ANNUAL SERVICE AUCTION

We couldn't ask for anything more, at least until next year. If it wasn't for the full support of all LUFers we would not have enjoyed so many fun-filled activities on May 7th. When all is said and done we should be in the \$6000 range. All went home with tummies full, pockets empty and Fellowship activities to look forward to during the summer. As can be seen above it wasn't just the 'kids' who enjoyed the sundaes. What a boost and incentive for continuing this successful fund-raiser for next year. Thanks to all who gave their time, effort and donations!!!

## NEW MEMBER WELCOMING

It always warms our hearts when we expand our LUF family with new members. We will be welcoming Katie Hughdie, Shona Beattie, Joe Vankoeverden and Dr. Douglas Reid on June 19th as our newest members. Please be sure to attend and extend your greetings during coffee. We are always thankful to have new members to share in our LUF experiences and of course participate in our many festive and supportive activities.

If you are considering joining LUF, it is never too late, we would love to have your application. Please contact the office to allow us to add your name to the list.

Welcome!

Fellowship Life/Membership Committee  
FL/M

## SHELTER HOUSE SUNDAY

The date will come quickly. It is our turn to offer our assistance on June 26<sup>TH</sup> at 10:30 and 1:00.

Four people are needed to prepare food at 10:30 and four additional people at 1:00 to serve. Please sign-up on the sheet at the back of LUF.

# LUF CONTACTS 2010



## OFFICERS OF THE BOARD

President:	Bert Blaauw	344-4052
Vice-President:	vacant	
Secretary:	Siobhan Malashewski	683-7212
Treasurer:	Rob Van Wyck	344-7845
Past President:	Ellen Taylor	345-3888
At Large:	Brenda Gillespie	983-2758
	Rosemary Burris	343-9241
	Margaret Wanlin	767-1939
	Elaine Foster-Seargeant	933-4845
	Marsha Reinikka	344-9998

## STAFF AND APPOINTED OFFICERS

Administrator	Elaine Sombrutski	344-5980 (Office)
Coordinator of Religious Exploration	Katie Hughdie	344-5980 (Office)
Bookkeeper	Nadia LaRussa	344-5980 (Office)
Lay Chaplains:	Rob Van Wyck	344-7845
	Susan Tiura	346-4223
	David Belrose	623-3347
Director of Music :	Heather Morrison	767-8233
Endowment Fund Directors	Tony Carfagnini (Chair)	
	Carl Rose	
	Wayne Hill	

[lufship@tbaytel.net](mailto:lufship@tbaytel.net)  
[creluf@gmail.com](mailto:creluf@gmail.com)

## COMMITTEE CHAIRS AND CONTACT PEOPLE

Archives:	Del Dickey	Membership:	Pyteke Blaauw
Bridge:	Del Dickey	Newsletter:	Elaine Sombrutski
Care Committee:	Carol Ann Brumpton	Nominating:	Ellen Taylor
Fellowship Life / PODS:	Bev Leaman	Property:	Bert Blaauw
Finance:	Rob Van Wyck	Religious Exploration:	Katie Hughdie
Green Sanctuary Committee:	Erin Beagle	Sanctuary Coordinator:	Del Dickey
Kitchen:	Alice Neudorf, Audrey Saxberg	Social Responsibility:	Ahti Tolvanen
Lay Chaplaincy:	Carol Ann Brumpton	Sunday Services:	Susan Tiura
Library:		Tai Chi:	Sita Holland
Lifespan Learning:		YRUU/Youth Advisor:	
Mindfulness:	David Belrose		
Men's Group	Jim Bishop		

## AFFILIATES AND ASSOCIATES

- Canadian Unitarian Council Board ([cuc.ca](http://cuc.ca))
- Canadian Unitarians for Social Justice

The opinions expressed in this newsletter may not necessarily reflect those of the newsletter editor or the Board of LUF.

We hope that you enjoy receiving/reading the LUF Letter, provided free to all members and friends. Receiving the LUF Letter by email, in pdf format, saves money and trees. Please notify the office at 344-5980 of your email address. And remember that your contributions to LUF make it possible to produce the LUF Letter.

### LAKEHEAD UNITARIAN FELLOWSHIP

129 S. Algoma St., Thunder Bay, ON P7B 3B7

Phone: (807) 344-5980

**LUF Email Address : [lufship@tbaytel.net](mailto:lufship@tbaytel.net)**

Website: [www.luf.ca](http://www.luf.ca)

Newsletter and web site submissions:

**[lufship@tbaytel.net](mailto:lufship@tbaytel.net)**

**Deadline for submissions: 20th of the month**

The newsletter is usually distributed by the first Sunday of each month from September to June inclusive via email, surface mail or hand delivered.